



OFFICE OF PHYSICAL EDUCATION, RECREATION AND SPORTS

SANTA CRUZ, CALIFORNIA 95064  
(831) 459-2531

To: Fall Sports Student-Athlete Letter  
From: **Linda Spradley, Athletic Director**  
Date: June 1, 2009

Student-athletes, welcome to the 2009-2010 academic year! Your participation in athletics contributes to our great academic and athletic achievements year after year. I know you are excited to get started in this year's athletic and academic experience.

Please be advised that all information requested in this packet must be completed on corresponding forms prior to practice. Therefore, it is important that you read all information and double check to make sure each form is filled out accurately, completely and with signature where applicable. Pay particular attention to information on Physicals and remember that they must be performed by an MD (Medical Doctor).

Over the summer, please check your email, mail and phone messages in case the Athletic Department or your Coach need to contact you to share new information or request additional information from you. If you have any questions, please do not hesitate to call your UCSC sport coach or Athletic Department staff member Julie Roth at (831) 459-2531 or [jroth@ucsc.edu](mailto:jroth@ucsc.edu).

### **Summer Housing & Student Athlete Medical Packet Information**

You can find the 2009-2010 Summer Housing Contract and Student-Athlete Medical Paperwork at [www.goslugs.com](http://www.goslugs.com), or as an attachment in this email. Please read and sign the terms and conditions of the summer housing contract. Where to send the housing contract and phone number for questions you may have about housing are provided on the contract (not through the Athletic Department). Move-in dates vary with each sport, so you are encouraged to review the attached information. As a representative of the athletic department, all student-athletes will follow residence hall and athletic department rules. Adult conduct and quiet in-residence will be expected. Please note that UCSC Athletics has a Student-Athlete Drug Policy. No drinking or drug use. These rules are in effect on and off campus.

We have attached a map of the residence halls and drop off location for housing. We also included a Fall Sports Page that tells you about move-in dates, coach contact information, first meeting/tryout session and when cuts will be made. There is also a map of the East Field House, which includes where you're first meeting and practice will be held.

If you have any questions about the **Summer 2009 Student Athletes Housing Contract Stevenson College**, please contact Linda Hart at [lhart@ucsc.edu](mailto:lhart@ucsc.edu) or (831) 459-5688. All Summer 2009 Student Athletes' Housing Contracts are due by August 3, 2009.

If you have questions about the **2009-2010 Student Athlete Medical Paperwork**, please call Julie Roth at (831) 459-2531. All **2009-2010 Student Athlete Medical Paperwork** is due by August 3, 2009. If you have any questions about your sports or sport related questions, please call your coach. Their contact information is on the Fall Sports Information Page.

Go Slugs!

Linda Spradley, Athletic Director  
831 459-4524 Email: [spradley@ucsc.edu](mailto:spradley@ucsc.edu)



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SANTA CRUZ, CALIFORNIA 95064  
(831) 459-2531

To: 2009-2010 Prospective Student-Athletes  
From: **UCSC Athletic Training/Sports Medicine**  
Date: June 1, 2009

Dear Student-Athletes,

I hope this letter finds you at the completion of a healthy and successful year both athletically and academically. As we prepare for the upcoming school year we would like to provide you with some necessary information you will need if you plan to participate in Intercollegiate Athletics at UCSC for the 2009-2010 season.

In accordance with NCAA rules and bylaws, it is MANDATORY for ALL student-athletes (returning, first-year, and transfer student-athletes) to submit a current physical performed and signed by an appropriate health-care practitioner prior to the start of the respective sports' seasons. Physicals performed and signed by a chiropractor will not be accepted. Online at [www.goslugs.com](http://www.goslugs.com) you can find the following forms:

1. Registration form (completed by everyone)
2. Pre-participation Physical Evaluation sheet (completed by everyone)
3. Health History forms (to be completed if this is your INITIAL ENTRY into Intercollegiate Athletics at UCSC)
4. Medical History Update (to be completed ONLY if you are a RETURNING student-athlete)
5. Emergency Contact and Health Insurance Information form (completed by everyone)
6. Health Insurance Coverage Confirmation form (completed by everyone)
7. Consent for Disclosure of Protected Health Information sheet (completed by everyone)

These forms must be completed before the first practice or tryout date. Student-athletes will not be allowed to participate if any forms are missing or incomplete, no exceptions. We also ask that you submit a copy of your insurance card (front and back) proving that you have an established minimum of \$90,000 coverage to be applied towards injuries sustained while competing in intercollegiate Athletics at UCSC.

Due to the early starts, student-athletes participating in the following sports must have a signed and completed physical from their own health-care practitioners.

Women's Cross Country	Men's Soccer	Men's Tennis
Women's Golf	Women's Soccer	Women's Tennis
Men's & Women's Swimming/Diving		

All other sports listed below will have the opportunity to have a physical completed on campus by our team physicians for a nominal fee (\$10) OR you may still choose to see your physician at your convenience before the first day of practice/tryouts. The dates for on-campus physicals will be determined at a later date based on input from the coaches.

Men's Basketball	Women's Basketball	Men's Volleyball
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Please make sure that all requirements are met before you can participate in any organized team practice or competition. If you have any questions please feel free to contact me by e-mail at [primrose@ucsc.edu](mailto:primrose@ucsc.edu). Question can also be directed to the Athletic Department at (831) 459-2531.

Regards,

Primrose H. Pisares, M.S., ATC  
UCSC Head Athletic Trainer

